



**AMEO**  
POWERBREATHER



**EXPERIENCE SWIMMING  
IN A NEW DIMENSION**



**WELCOME TO THE WORLD OF  
THE AMEO POWERBREATHER**



## **100% FRESH AIR FOR 100% PERFORMANCE**

Snorkeling is history. With the AMEO POWERBREATHER for the first time ever the inhaled and exhaled air goes separate ways. In this way only oxygen-rich fresh air enters the lungs – a must for long and intensive training.

## **FREE VIEW SECURE HOLD**

Swimmer and sports equipment become one. The AMEO POWERBREATHER inspires with its perfect ergonomics and aquadynamic shape. Hardly noticed – and already forgotten after a few strokes.

## **ONE SYSTEM MULTIPLE OPTIONS**

Training for the championship or just for your personal best performance. The modular system of the POWERBREATHER adjusts to your objectives and training conditions.



# EXCELLENT DESIGN

## EASY FIT AIR JUNCTION

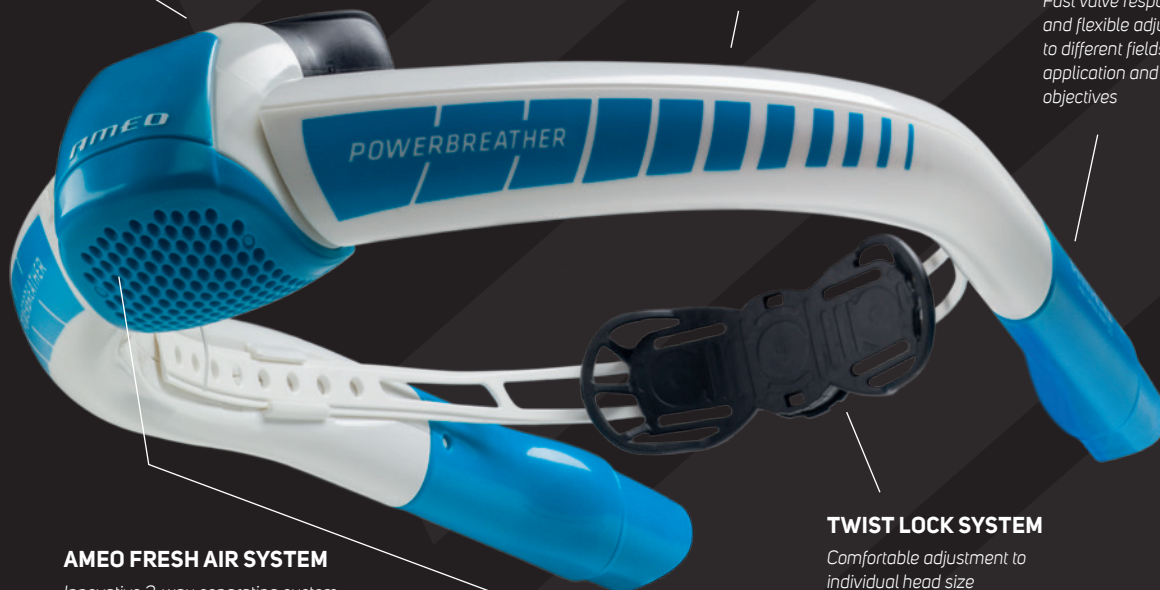
Quick fit with maximum fitting accuracy and comfortable to wear

## D-TUBES

D-shaped profile for comfortable, secure hold with optimized airflow (inside) and low flow resistance (outside) at the same time

## SPEED VENTS

Fast valve response time and flexible adjustment to different fields of application and training objectives



## AMEO FRESH AIR SYSTEM

Innovative 2-way separating system – for continuously fresh, oxygen-rich air and free D-tubes

## TWIST LOCK SYSTEM

Comfortable adjustment to individual head size



red dot award 2015  
winner

ISPO BRANDNEW

# **START** TOMORROW'S TRAINING TODAY

## **TECHNIQUE**

The AMEO POWERBREATHER allows focused technique training, since it simplifies the motion sequence particularly when swimming the crawl. Head and shoulders are in the water steadily, since the sideways turn for breathing is omitted. Ideal for beginners and everyone working on the perfect propulsion!

## **ENDURANCE AND FITNESS**

The POWERBREATHER guides you consistently to higher performance. You can train with it as long and as hard as you like because it constantly supplies you with fresh, oxygen-rich air. It even allows crawl beginners ambitious, aerobic swim training. Triathletes achieve a positive effect for all three partial disciplines.

## **BREATHING**

Push your performance limits! Resistance and air volume when inhaling can be modified with the different membranes of the POWERBREATHER system. Select them matching your fitness level and strengthen your respiratory muscles. You set new stimuli by simulating oxygen deficit.



## **IN THE POOL OR OPEN WATER**

With short or long SPEED VENTS the POWERBREATHER can be adjusted to the water and wave conditions in the pool or in open water. There are different CAPS for fast flip turns, matching your personal technique.



## **FOR SWIMMING AND TRIATHLON. FOR ALL LEVELS.**

The POWERBREATHER provides customized functionality for all performance classes. Competitive swimmers benefit from its options and so do triathletes, recreational athletes or beginners. Further areas of application are diving, physiotherapy and rehabilitation.

# **PATENTED** TECHNOLOGY

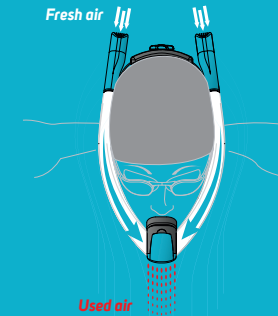
The heart of the POWERBREATHER is its patented technology, the AMEO FRESH AIR SYSTEM. For the first time, during breathing the air flows on two separate paths in and out. The advantage: you are always provided with sufficient oxygen. After a short adaptation phase you breathe with the POWERBREATHER as smooth and trouble-free as on land.



## **THE AMEO FRESH AIR SYSTEM MAKES THE DIFFERENCE**

For commercially available snorkels pendulum breathing is typical: the air flows through the same pipe when inhaling and exhaling. In this way some part of exhaled, CO<sub>2</sub>-rich air is returned to the lungs. This is a problem with increased strain and

long snorkeling. Possible consequences: performance drop, spasms or drowsiness. Contrary to the snorkel, there is no pendulum breathing with the AMEO POWERBREATHER and therefore no risk. You can swim as long and as intensive as you like.





# PRO'S SECRET OF SUCCESS

## JAN FRODENO

triathlete, Olympic champion,  
Ironman world champion

"With the POWERBREATHER I can fully focus on my stroke and propulsion. In addition, it is the perfect tool for training the so-called 'continuous method': long, uninterrupted training units in open water. And it allows hypoxia training simulation."



## THOMAS LURZ

open water swimmer,  
world champion, vice Olympic champion

"Design and fit of the POWERBREATHER are unique. A great enrichment for swimming!"



## STEFFEN DEIBLER

swimmer, world record holder

"For continuously faster times and better results I must constantly try new things. This way I can set additional stimuli. The POWERBREATHER is a perfect option."



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